

Monday

Tuesday

Wednesday

Thursday

Friday

# June 2023

## DAILY ACTIVITIES

				
<p><i>Bingo Bonanza</i></p>  <p>Hair By Tanya</p>	<p><b>5</b></p> <p>8:00 Coffee &amp; Chat 9:00 Yahtzee 9:30 Upper Body Band Work-Out 10:00 <b>Virtual Tour of Christ The Redeemer</b> 10:30 BINGO 12:30 Jeopardy 1:00 <b>Visual Art Exploration</b> 1:30 Tasty Treats 3:00 Let's Walk- Wellness Walkers</p>	<p><b>6</b></p> <p>8:00 Coffee &amp; Chat 9:00 Trouble 9:30 Cardio Work-Out 10:00 Reading from Chicken Soup 11:30 <b>Cook-Out BBQ Chicken</b> 12:30 Resin Craft 1:30 <b>Ice Cream Social</b> 2:00 Basketball Shoot-Out 3:00 Let's Walk- Wellness Walkers</p>	<p><b>7</b></p> <p>8:00 Coffee &amp; Chat 9:00 Uno 9:30 Lower Body Band Work-Out 10:00 June Trivia 10:30 BINGO 11:30 <b>Captain's Dinner: Brazil</b> 1:00 <b>Rainforest Cruise</b> 1:30 Tasty Treats 3:00 Let's Walk- Wellness Walkers <b>Trip to Easy Street Casino</b></p>	<p><b>8</b></p> <p>8:00 Coffee &amp; Chat 9:00 Sorry 9:30 Meditation 10:15 Canvas Painting 11:00 Charades 12:30 Healing Hands 1:00 <b>Deva Yonders Performs</b> 1:30 Tasty Treats 3:00 Let's Walk- Wellness Walkers</p>
<p>8:00 Coffee &amp; Chat 9:30 Full Body Work-Out 10:15 Checkers 11:00 Wheel of Fortune 12:30 <b>Rocky Mountain Wildlife Preserve</b> 1:00 Football Toss 1:30 Tasty Treats 2:00 Karaoke 3:00 Let's Walk- Wellness Walkers</p> <p>Hair By Tanya</p>	<p><b>12</b></p> <p>8:00 Coffee &amp; Chat 9:00 Connect 4 9:30 Lower Body Work-Out 10:30 BINGO Bash 11:30 <b>Cook-Out- Spanish Flare</b> 1:00 <b>Visual Art Exploration</b> 1:00 <b>Michael Billings Performs</b> 1:30 Tasty Treats 2:00 Pool 3:00 Let's Walk- Wellness Walkers</p> <p><b>Shopping at Wal-Mart</b></p>	<p><b>13</b></p> <p>8:00 Coffee &amp; Chat 9:00 Drawing Creations 9:30 Upper Body Band Work-Out 10:00 Reading from Chicken Soup 10:30 Black Jack 12:30 <b>Army Birthday Party</b> 1:30 Tasty Treats 2:00 Mike Rowe Retake 3:00 Let's Walk- Wellness Walkers</p>	<p><b>14</b></p> <p>8:00 Coffee &amp; Chat 9:00 Bananagrams 9:30 Balance Building Session 10:00 Pearler Bead Craft 10:30 BINGO 12:30 5 Card Draw 1:30 <b>Tasty Treats- Cracker Jacks</b> 2:00 Family Feud 3:00 Let's Walk- Wellness Walkers</p>	<p><b>15</b></p> <p>8:00 Coffee &amp; Chat 9:00 Buildings Creations 9:30 Meditation 10:00 Word Mining 10:30 <b>Bucket Ball</b> 12:30 Healing Hands 1:30 Tasty Treats 2:00 Karaoke 3:00 Let's Walk- Wellness Walkers</p> <p><b>Trip to Bull Durham Casino</b></p>
<p>8:00 Coffee &amp; Chat 9:00 Chess 9:30 Full Body Work-Out 10:00 Soapmaking 11:00 Jeopardy 12:30 <b>Art In Public Tour</b> 1:00 Basketball Shootout 1:30 Tasty Treats 2:00 Volleyball 3:00 Let's Walk- Wellness Walkers</p> <p>Hair By Tanya</p>	<p><b>19</b></p> <p>8:00 Coffee &amp; Chat 10:00 Hello Summer Carnival 1:00 <b>Visual Art Exploration</b></p>  <p><b>Shopping at 5 Below</b></p>	<p><b>20</b></p> <p>8:00 Coffee &amp; Chat 9:00 Numbers everywhere 9:30 Cardio Work-Out 10:00 Reading from Chicken Soup 10:30 Bucket Toss 12:30 <b>June Birthday Party</b> 1:30 Tasty Treats 2:00 Bowling 3:00 Let's Walk- Wellness Walkers</p>	<p><b>21</b></p> <p>8:00 Coffee &amp; Chat 9:00 Word Search with Friends 9:30 Full Body Work-Out Session 10:00 Baseball Toss 10:30 BINGO 12:30 Resin Craft 1:00 <b>Gary Michaels Performs</b> 2:00 I Should've Known That 3:00 Let's Walk- Wellness Walkers</p>	<p><b>22</b></p> <p>8:00 Coffee &amp; Chat 9:00 Landscapes Creations 9:30 Balance Building Work-Out 10:00 Foot Ball Challenge 11:00 Wood Painting 12:30 Healing Hands 1:00 <b>Dan Karns Performs</b> 1:30 Tasty Treats 2:00 Putt Putt 3:00 Let's Walk- Wellness Walkers</p>
<p>8:00 Coffee &amp; Chat 9:00 Chess 9:30 Full Body Work-Out 10:00 <b>Cook-Out at Upton Park</b></p>  <p>Hair By Tanya</p>	<p><b>26</b></p> <p>8:00 Coffee &amp; Chat 9:00 Yahtzee 9:30 Upper Body Bands Work-Out 10:30 BINGO 12:30 Jeopardy 1:00 <b>Steve Smith Performs</b> 1:00 <b>Visual Art Exploration</b> 1:30 Tasty Treats 2:00 Table Tennis 3:00 Let's Walk- Wellness Walkers</p> <p><b>Shopping at Dollar Tree</b></p>	<p><b>27</b></p> <p>8:00 Coffee &amp; Chat 9:00 Numbers everywhere 9:30 Cardio Work-Out 10:00 Candlemaking 10:30 <b>Topple The King Tournament</b> 12:30 Reading from Chicken Soup 1:30 Tasty Treats 2:00 Bowling 3:00 Let's Walk- Wellness Walkers</p>	<p><b>28</b></p> <p>8:00 Coffee &amp; Chat 9:00 Word Search with Friends 9:30 Full Body Work-Out Session 10:00 <b>Day at the Lake</b></p> 	<p><b>29</b></p> <p>8:00 Coffee &amp; Chat 9:00 Landscapes Creations 9:30 Balance Building Work-Out 10:00 Cornhole 11:00 Watercolor Painting 12:30 Healing Hands 1:30 Tasty Treats 2:00 Coney Island Toss 3:00 Let's Walk- Wellness Walkers</p>

Please note calendar subject to change due to attendance/interest. | 1200 Abilene Street, Unit C Aurora, CO 80012 | 303-200-5050 | www.livewellcolorado.com