

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8:00 Coffee & Chat 9:30 Full Body Work-Out 10:15 Checkers 11:00 Wheel of Fortune 11:30 4th of July Cook-Out 1:00 Cornhole 1:30 Tasty Treats 2:00 Karaoke 3:00 Let's Walk- Wellness Walkers Hair By Tanya</p> <p style="text-align: right;">3</p>	<p style="text-align: center;"><i>Center closed for 4th of July holiday</i></p>  <p style="text-align: right;">4</p>	<p>8:00 Coffee & Chat 9:00 Drawing Creations 9:30 Upper Body Band Work-Out 10:00 Reading from Chicken Soup 10:30 Townhall 12:30 "What's Up Doc" Party 1:30 Tasty Treats 2:00 Black Jack 3:00 Let's Walk- Wellness Walkers</p> <p style="text-align: right;">5</p>	<p>8:00 Coffee & Chat 9:00 Bananagrams 9:30 Balance Building Session 10:00 Mexican Train Dominoes 10:30 BINGO 12:30 50's Party with Steve Smith 1:30 Tasty Treats- 2:00 Family Feud 3:00 Let's Walk- Wellness Walkers</p> <p style="text-align: right;">6</p>	<p>8:00 Coffee & Chat 9:00 Buildings Creations 10:00 LiveWell Casino 1:30 Tasty Treats 2:00 Karaoke 3:00 Let's Walk- Wellness Walkers</p>  <p style="text-align: right;">7</p>
<p>8:00 Coffee & Chat 9:00 Numbers everywhere 9:30 Cardio Work-Out 10:00 Reading from Chicken Soup 10:30 Bucket Toss 11:30 Picnic In The Park 1:30 Tasty Treats 2:00 Bowling 3:00 Let's Walk- Wellness Walkers Hair By Tanya</p> <p style="text-align: right;">10</p>	<p>8:00 Coffee & Chat 9:00 Word Search with Friends 9:30 Full Body Work-Out Session 10:00 Baseball Toss 10:30 BINGO 12:30 All Star Showdown 1:00 Visual Art Exploration 2:00 5 Second Rule 3:00 Let's Walk- Wellness Walkers Shopping at The Arc</p> <p style="text-align: right;">11</p>	<p>8:00 Coffee & Chat 9:00 Landscapes Creations 9:30 Balance Building Work-Out 10:00 Italy's Landscapes 11:00 Canvas Painting 12:30 Healing Hands 1:00 Family Feud 1:30 Tasty Treats 2:00 Putt Putt 3:00 Let's Walk- Wellness Walkers</p> <p style="text-align: right;">12</p>	<p>8:00 Donuts & Coffee 9:00 Word Search with Friends 9:30 Full Body Work-Out Session 10:00 Trivia 10:30 BINGO 11:30 Captain's Dinner 1:00 Italy's secret Treasures 2:00 I Should've Known That 3:00 Let's Walk- Wellness Walkers</p> <p style="text-align: right;">13</p>	<p>8:00 Coffee & Chat 9:00 Landscapes Creations 9:30 Balance Building Work-Out 10:00 Cornhole 11:30 Hot Dog Cook-Out Bar 12:30 Healing Hands 1:00 Horse Track Racing 2:00 Tasty Treats 3:00 Let's Walk- Wellness Walkers</p> <p style="text-align: right;">14</p>
<p>8:00 Coffee & Chat 9:30 Full Body Work-Out 10:15 Checkers 11:00 Wheel of Fortune 12:30 Four Mile Historic Park Trip 1:00 Bucket Ball 1:30 Tasty Treats 2:00 Word Mining 3:00 Let's Walk- Wellness Walkers Hair By Tanya</p> <p style="text-align: right;">17</p>	<p>8:00 Coffee & Chat 9:00 Connect 4 9:30 Lower Body Work-Out 10:30 BINGO Bash 12:30 Wood Painting 1:00 Visual Art Exploration 1:30 Tasty Treats 2:00 Pool 3:00 Let's Walk- Wellness Walkers Shopping at Marshall's</p> <p style="text-align: right;">18</p>	<p>8:00 Coffee & Chat 9:00 Drawing Creations 9:30 Upper Body Band Work-Out 10:00 Reading from Chicken Soup 10:30 Black Jack 12:30 Pink & Purple Party with Molly Kaufman 1:30 Tasty Treats 2:00 Basketball Shoot-Out 3:00 Let's Walk- Wellness Walkers</p> <p style="text-align: right;">19</p>	<p>8:00 Coffee & Chat 9:00 Scrabble 9:30 Balance Building Session 10:00 Pearler Bead Craft 10:30 BINGO 12:30 Lollipops & Moon Pies 1:30 Tasty Treats- 2:00 Family Feud 3:00 Let's Walk- Wellness Walkers</p> <p style="text-align: right;">20</p>	<p>8:00 Coffee & Chat 9:00 Buildings Creations 9:30 Meditation 10:00 Word Mining 10:30 Let's Make A Deal 12:30 Healing Hands 1:30 Tasty Treats 2:00 Karaoke 3:00 Let's Walk- Wellness Walkers Trip to Bull Durham Casino</p> <p style="text-align: right;">21</p>
<p>8:00 Coffee & Chat 9:30 Full Body Work-Out 10:15 Checkers 11:00 Bowling 12:30 Denver Museum of Nature & Science 1:00 Football Toss 1:30 Tasty Treats 2:00 Karaoke 3:00 Let's Walk- Wellness Walkers Hair By Tanya</p> <p style="text-align: right;">24</p>	<p>8:00 Coffee & Chat 9:00 Connect 4 9:30 Lower Body Work-Out 10:30 BINGO Bash 1:00 Visual Art Exploration 1:00 Hypnotist Visits 1:30 Ice Cream Social 2:00 Pool 3:00 Let's Walk- Wellness Walkers Shopping at Ross</p> <p style="text-align: right;">25</p>	<p>8:00 Coffee & Chat 9:00 Drawing Creations 9:30 Upper Body Band Work-Out 10:00 Reading from Chicken Soup 10:30 Black Jack 1:00 Don Cannonball Conder Performs 1:30 Tasty Treats 2:00 Football Toss Challenge 3:00 Let's Walk- Wellness Walkers</p> <p style="text-align: right;">26</p>	<p>8:00 Coffee & Chat 9:00 Bananagrams 9:30 Balance Building Session 10:00 Resin Craft 10:30 BINGO 11:30 Chili Dog Cook-Out with Pie Eating Contest 1:30 Tasty Treats- 2:00 Family Feud 3:00 Let's Walk- Wellness Walkers</p> <p style="text-align: right;">27</p>	<p>8:00 Coffee & Chat 9:00 Buildings Creations 9:30 Meditation 10:00 Hangman 10:30 Prize Is Right 12:30 Healing Hands 1:30 Tasty Treats 2:00 Karaoke 3:00 Let's Walk- Wellness Walkers Trip to Bonanza Casino</p> <p style="text-align: right;">28</p>
<p>8:00 Coffee & Chat 9:30 Full Body Work-Out 10:15 Monopoly 11:00 Coney Island Toss 11:30 Cook-Out at Upton Park 1:00 Cornhole 1:30 Tasty Treats 2:00 Everybody Knows That 3:00 Let's Walk- Wellness Walkers Hair By Tanya</p> <p style="text-align: right;">31</p>	 <p style="font-size: 2em; color: red; font-family: cursive;">July 2023</p> <p style="font-size: 1.5em; font-weight: bold; letter-spacing: 0.2em;">DAILY ACTIVITIES</p>			

Please note calendar subject to change due to attendance/interest. | 1200 Abilene Street, Unit C Aurora, CO 80012 | 303-200-5050 | www.livewellcoloradoads.com